



# Nature - Based



## Health



## Education



## Research

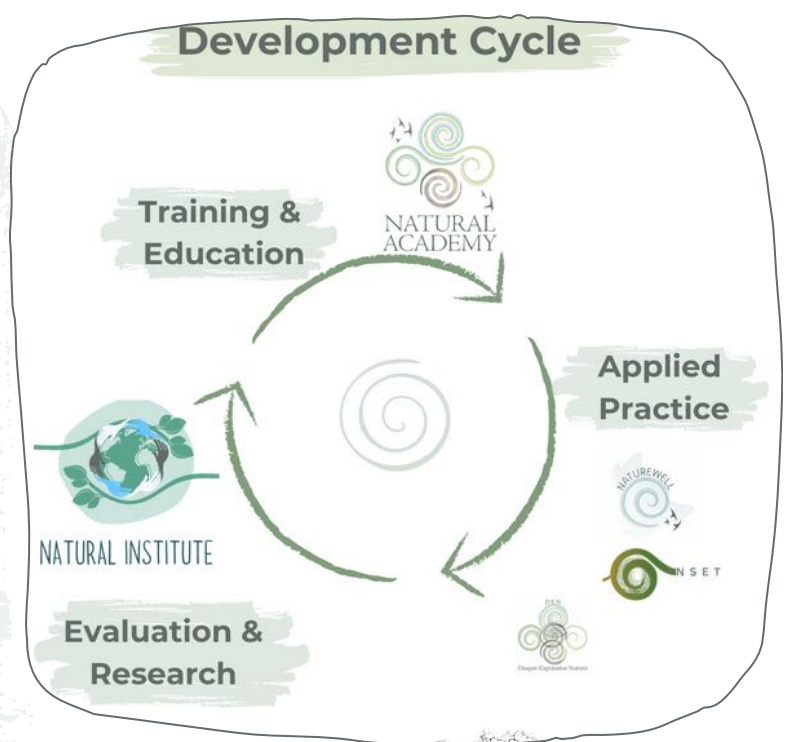


As a not for profit, eco-social enterprise, we have spent 16 years developing education, training, research and services in the three realms of practice within Applied Ecopsychology. These realms are Nature, Health and Wellbeing, Ecotherapy and Eco Depth Practice. As a community interest company (CIC) we have also been actively creating and connecting a community of practice that can support the growth and development of these nature based approaches. Our main purpose is to support the healing of separation in ourself, our communities and with the rest of nature and find ways to make this happen.

As Natural Academy CIC we have established our home base at Ham Green House and Land near Bristol, which is owned by Penny Brohn UK a holistic health charity. Ham Green is from the Old English and means Green Home which feels appropriate to our work here. We have been raising money to invest in the land and spaces to secure these for the long term. This is so that they can be in trust for the purpose above. We have already funded the long term lease and roundhouse build on one acre of beautiful wild land called SkyView but to fully open the space to people and nature we need to secure the 5 acres of land next to this. We are calling the centre *we are developing Ham Green Outdoor Centre* and we want it to continue to be a place for people and nature, have indoor spaces for training, therapy and health, outdoor classrooms/safe sheltered spaces, wilder spaces, and places of tranquillity for nature connectedness. This site will continue the work of Natural Academy and the Natural Institute (research and evaluation), delivering, training and researching our models of practice in applied ecopsychology.

From 2025-2028 we want to further establish the Ham Green Outdoor Centre as a national centre for the vital and emerging field of study and practice within Applied Ecopsychology. We will do this by further applying the development cycle opposite.

In order to make this happen we need to secure Lake Side, 5 Acres of land, for this purpose and build a team that can engage with communities, for health and education, and also rewild and conserve the precious, beautiful spaces for the natural world.





# Ham Green Outdoor Centre

## A National Hub For Our Community of Practice



Our purpose as a CIC is enabling and supporting our community of practice to develop, deliver and grow effective and evidence informed nature-based interventions. These interventions are reciprocal in that they help people and the rest of nature, recover, regenerate and flourish.

We have now over 500 people in our community of practice and we offer ongoing CPD, supervision, mentoring and community events.

We are also working with larger organisations such as the NHS, Natural England, Wildlife Trusts and in the VCSE sector to enable nature-based practice to emerge more fully.



## A Community Nature-Based Space

We have Dwell and Nest, within Ham Green House, as indoor health and education spaces. These open to the beautiful 4 acre wellbeing garden, they are accessible to all, warm, comfortable and inviting.

Across the lane from the House we have developed SkyView which is our working outdoor space with a beautiful roundhouse and compost toilets and direct access to wilder land. We have raised money for a 125 year lease to secure this land and spaces for people and nature.



We have also started a conservation and rewilding programme at the site





# Securing a One Health Future

For the next phase we are wanting to secure the large 5 Acre Lake Side space we want to secure this for 150 years. This will offer a guarantee that current communities, and our future generations, can come to Ham Green as a place dedicated to people and nature. A place open to local communities and others from across the UK. Here they can access a wilder open space, and find support, connection, healing, community and deep learning alongside the natural worlds recovery and flourishing.



**Ham Green Outdoor Centre**  
Nature-Based Education, Health and Research  
A prototype for the future of training, research and delivery of One Health programmes People and Nature together

**Dwell** our group room



indoor spaces with access to wellbeing garden space. These offer comfort and accessibility.

**NEST** our 1:1 room

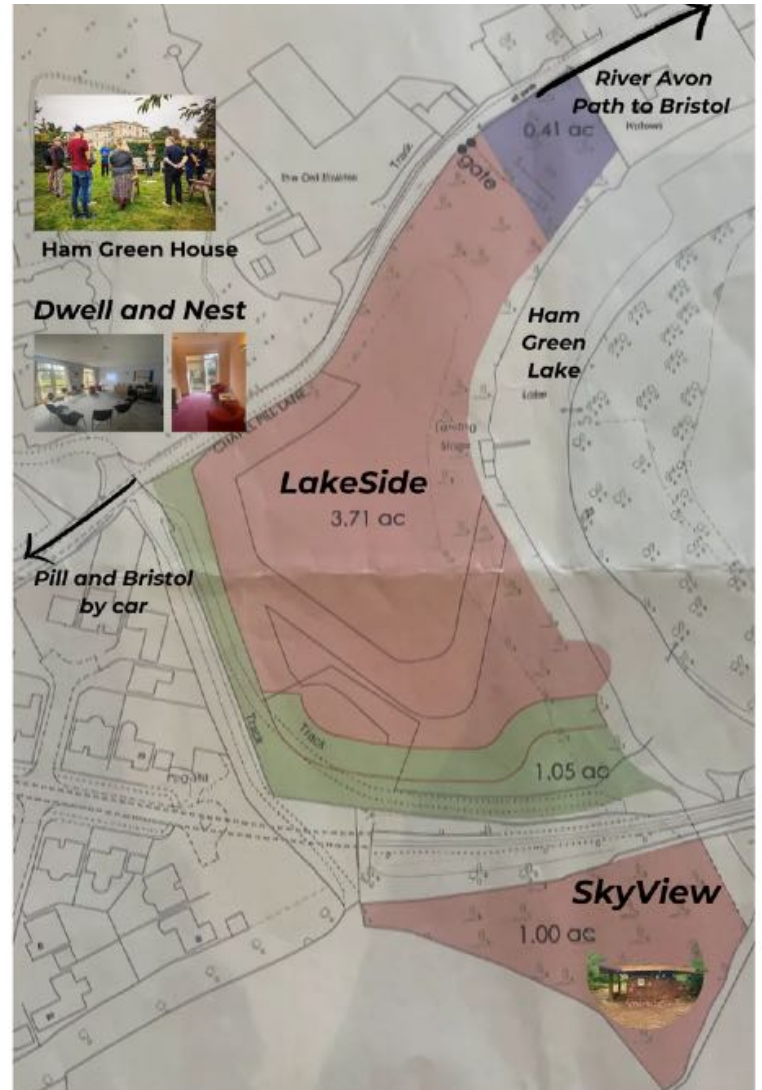


Outdoor spaces for, nature connection, outdoor learning, solo time and habitats for wildlife

**LakeSide** for wilder moments, tranquility, solo time



**Skyview** RoundHouse and Compost toilets



## finding the resources

We are seeking to secure the site through an investment and fundraising journey over the next 3 years. 2025 we are looking at raising £102,000 and have created a community event programme, trust fundraising, investor engagement and donations. if you want to get involved see the events below or contact us to discuss as we have ways you can volunteer and support and would appreciate any way you can help.

	2025	2026	2027	Finance needed	2025	2026	2027	Total
Place	Frst payment for the land	Second Payment on the land	Make final payment for the land	Place Land Lease purchase	£75,000	£75,000	£75,000	£225,000
People	community engagement team established	Education and health programmes expand	Education and health programme s expand	People Community engagment	£17,000	£30,000	£35,000	£82,000
Nature	land management team established	Rewild land phase 1	Rewild phase 2	Nature Land Management	£10,000	£15,000	£15,000	£40,000
				<b>Total</b>	<b>£102,000</b>	<b>£120,000</b>	<b>£125,000</b>	<b>£347,000</b>



# Community Events 2025 Securing Lakeside Space for People & Nature

**RAISING  
£20000**

**FOR THE  
HEALTH OF  
FUTURE  
GENERATIONS OF  
PEOPLE AND THE  
REST OF NATURE**



## Ham Green Outdoor Centre

Nature-Based Health, Education and Research

### **Abergaveny Wales Three Peaks: March 29th** **All Day event**

Join Michéal and Rhonda founders of Natural Academy on their walk for people and nature. Join them on the Gold Route of the Three Peaks Trial or do another route. Google You can also just donate to their fundraising page here to help secure lakeside. [Click Here](#)

### **High Summer Dance: 15th August** **10am-1pm**

A 3 hour dance together to welcome the Suns Zenith with an event at Ham Green but also you can join online. Raise money for Lake Side through movement and connection. Put in diary more info to come

### **Autumn Sit Spot Nature Immersion: 28th September** **9am-12 noon**

Spend time on a deep immersion in nature in Autumn, we will hold a main event at Ham Green but also can be held concurrently in other spaces and afterwards zoom in to the community for some sharing and connections. We will dream in the future of Lakeside together and attune to a one health future. Put in diary more info to come.

### **Round the Fire at SkyView: Outdoor Folk Soul Session** **Friendly, open sharing of poems, music, songs, stories, fun with musical collective the Land**

Every first thursday of the Month from 6th March: 6.30-8.30pm Donation asked [Click Here](#)